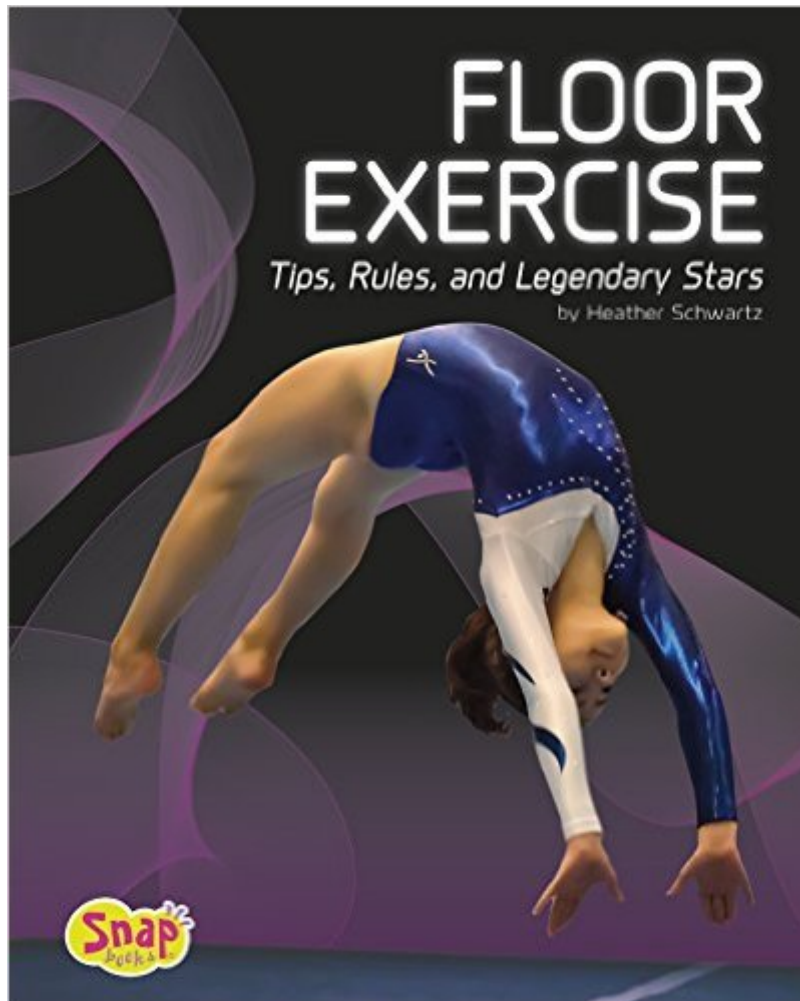


The book was found

# Floor Exercise: Tips, Rules, And Legendary Stars (Gymnastics)



## Synopsis

Floor exercise requires a lot from a gymnast. You need artistry, precision, and skill. But the feeling you get when you stick a complicated tumbling pass, makes all your hard work and dedication worth it. Learn everything you need to know to compete in floor exercise.

## Book Information

Lexile Measure: 840L (What's this?)

Series: Gymnastics

Library Binding: 32 pages

Publisher: Capstone Press (August 1, 2016)

Language: English

ISBN-10: 151572218X

ISBN-13: 978-1515722182

Product Dimensions: 8 x 0.3 x 10.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,420,558 in Books (See Top 100 in Books) #86 in Books > Children's Books > Sports & Outdoors > Gymnastics #157 in Books > Children's Books > Sports & Outdoors > Olympics

Age Range: 8 - 14 years

Grade Level: 3 - 4

[Download to continue reading...](#)

Floor Exercise: Tips, Rules, and Legendary Stars (Gymnastics) Uneven Bars: Tips, Rules, and Legendary Stars (Gymnastics) Balance Beam: Tips, Rules, and Legendary Stars (Gymnastics) Vaulting: Tips, Rules, and Legendary Stars (Gymnastics) ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription (Ascms Resource Manual for Guidlies for Exercise Testing and Prescription) ACSM's Resources for Clinical Exercise Physiology: Musculoskeletal, Neuromuscular, Neoplastic, Immunologic and Hematologic Conditions (Acsms Resources for the Clinical Exercise Physiology) I Can Do Rhythmic Gymnastics: Floor, Rope and Ball Exercise Every Day: 32 Tactics for Building the Exercise Habit The Kurious Kid Presents: Gymnastics: Awesome Amazing Spectacular Facts & Photos of Gymnastics For Kids The Gymnastics Book: The Young Performer's Guide to Gymnastics Top 25 Gymnastics Skills, Tips, and Tricks (Top 25 Sports Skills, Tips, and Tricks) Legendary Vigilantes (Legendary Heroes) (Volume 6) Fitness Information for

Teens: Health Tips About Exercise and Active Lifestyles: Including Facts About Healthy Muscles and Bones, Starting and ... Plans, Aerobic Fit (Teen Health Series) The Fully Raw Diet: 21 Days to Better Health, with Meal and Exercise Plans, Tips, and 75 Recipes Life at the Marmont: The Inside Story of Hollywood's Legendary Hotel of the Stars--Chateau Marmont Magic Cards: Magic the Gathering - 33 Killer Tips from a Magic Master! (Magic Cards, Magic the Gathering, Magic Decks, Magic the Gathering Tips, Magic Card Tips, How to Play Magic, Magic) Stars and Planets: The Most Complete Guide to the Stars, Planets, Galaxies, and the Solar System (Princeton Field Guides) Eminem (Hip-Hop Stars) (Hip-Hop Stars (Hardcover)) Full Speed Ahead - Home Run Edition (Future Stars) (Future Stars Series) The Everything Kids' Football Book: All-Time Greats, Legendary Teams, and Today's Favorite Players--With Tips on Playing Like a Pro

[Dmca](#)